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THE HAWKS' HERALD

The student newspaper of Roger Williams University

Vol. 21, Issue 17

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FREE

All the right moves

25 senior dancers take stage for grand finale

BEN WHITMORE | News Editor

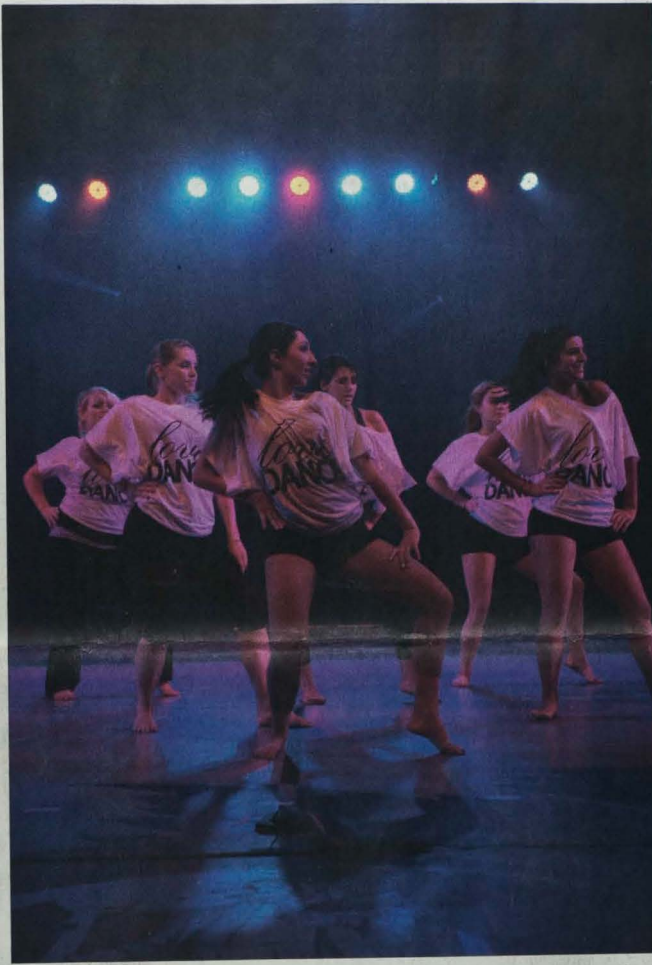
It's one of the most anticipated and best-attended events of the semester, and this year's Spring Dance Club Show was no exception.

The show, titled "Lights, Camera, Dance," drew its traditional Campus Recreation Center-lobby filling line before the show and its lingering throng of flower-bearing parents and students after the performance. All 500 of the tickets the Dance Club offered for online purchase were sold, and more tickets were bought at the door.

The dance repertoire was also the typical diverse offering of styles, transitioning between group numbers that meld the pounding bass from hip-hop beats with the fist-pumping and foot-stomping of modern step-dance, into emotive, lyrical pieces where solo dancers gracefully commanded the stage.

Part of appeal of the show is its size; this year's performance had 23 numbers in it, nearly half of which featured more than 10 dancers. Even the Dance Club itself is big. With over 150 members, it ranks as the largest student club on campus.

"It's so huge because it's so open and diverse to all types of dancing," said Liz Crupi, Dance Club's Treasurer. "Some people who maybe aren't dance majors or ... people who are



MARK FUSCO

The Dance Club shook up the stage at their spring show last night.

Athletes petition for first pick in class scheduling

KEVIN TERBUSH | Herald Reporter

In these last two weeks of scheduling classes, the discussion of whether or not student athletes should have priority registration times has been brought forward. In order to avoid conflicts between class times and practices, student athletes are advocating for the right to register for classes before other students.

"We have to get certain classes that fit our schedule," said freshman soccer player Andre Brueckner. He continued to explain how there is a large amount of support for this change from many of his friends in the athletic community.

Not all students agree with this plan, however. There are many other students who do not participate in a sport who would also say they would like priority registration. "Everyone else has things they do outside of class," said freshman Holly Bourdon.

Despite the opposition of non-athletes, a petition has been drafted that certain teams and coaches have been asking their players to sign.

Still, there are many students who believe this whole situation to be unfair to them.

"I'm not really sure who started the whole petition, but I've seen it around campus," said freshman Kristen Tetreault, a player on the women's soccer team.

Tetreault described experiences she has had due to her conflicts with classes. Having practices, games, and classes in the afternoon left her occasionally missing class, a situation

See SCHEDULES, page A3

See DANCE, page A3

A HAWKS' HERALD INVESTIGATION

Off-campus students leave door open to undercover officers

LYNDEY BURNS | Herald Reporter

At 9:30 p.m. on a recent Thursday, 14 students were preparing for a night at Gillary's Tavern in a Bristol apartment. For the nine residents of the Easterbrooks Avenue apartment, the night was no different than any other Thursday - until three uninvited guests walked in through the apartment's open back door. Though their mere presence was confusing enough, the uninvited guests shocked the students by taking out badges, identifying themselves as Bristol Police officers, and asking the students to produce identification.

On March 22, three undercover Bristol Police officers entered the three-story apartment building of nine male Roger Williams University students living at 12 Easterbrooks Avenue in Bristol. According to residents of the apartment, the undercover

apartment, since the fall.

"There were 14 people in my house, and nine live there, so we only had five people over," said Anthony Cuomo, a senior and resident of the apartment.

Confused by the presence of the unfamiliar men in their home, residents assumed they were fellow Bristol residents.

"We thought they were neighbors, and then they whipped out their badges,"

"Generally, the police have to have a warrant to enter the home, and that right is protected by the Fourth Amendment."

police officers entered because the music was loud, and the officers suspected underaged drinking.

The apartment building on Easterbrooks Avenue has been the home of the nine RWU students, three in each

Cuomo said.

Michael Raymo, a senior and guest of the residents, recalled the description of the undercover police officers: "One was wearing Ed Hardy,

See POLICE, page A2

Split decision

New election scheduled after tied vote for 2013's president

BEN WHITMORE | News Editor

Though the voting ended last Thursday, the Student Programs and Leadership (SP&L) Election Committee has not yet been able to declare a winner in the Inter-Class Council (ICC) Class of 2013 presidential election.

The votes submitted via MyRWU by juniors for the candidates - current 2013 class Vice President Kaitlyn Lauer and former 2013 class president Adam Semple - were exactly even for both presidential hopefuls.

As a result of this rare tie, the SP&L Election Committee held a meeting Tuesday to decide how to break the tie. And after deliberation, the committee, composed of members of Student Senate, ICC, and SP&L, along with

other students, decided to hold a new election on Wednesday, April 18, between the two candidates.

Celine Rivera, Student Senate's Parliamentarian and the Chair of the SP&L Elections Committee, said the decision to hold a repeat election came only after a few minutes of discussion.

"[The outcome of the election] is not really for us to decide," Rivera, who is not a voting member of the SP&L Elections Committee, said. "I mean, you're sitting there with a group of five or six people; that's not a democracy. That's not how it's supposed to work."

It's not supposed to be a small committee just sitting down and deciding a big position - class president for senior year.

See TIE, page A3

Angel in the infield

Fast-acting athletic trainer averted tragedy after third-inning accident

PAGE A6

INDEX

News.....	A2	Features.....	B2
Editor's Desk.....	A5	Opinions.....	B4
Sports.....	A6	Puzzles.....	B6



POLICE: Student apartment draws heat after noise complaints

Continued from page A1

one had a beanie on, and one with a RWU sweatshirt."

According to Rob Hand, a senior and resident of the apartment, five total police officers came to their location. "There were three undercover, and two uniformed cops," Hand said.

The residents and guests of the apartment said the police officers told them the reason they could enter the home was because it was after 9 p.m., and because the back door was open.

"It was hot as hell, so we had the back door open, and we were playing music, but I know it was before 10. They said the reason they could come in was because the back door was open," Raymo said.

Robert Engvall, RWU Professor of Criminal Justice, gave Constitutional context to the incident.

"When the doors are open, it does suggest they are not that interested in their privacy, and that has all kinds of Fourth Amendment implications, as well," Engvall said. "If the police have reason to believe that that's a 'party house,' for lack of a better term, police have to deal with that sort of thing in Bristol, just as they have to in Narragansett for the University of Rhode Island (URI)."

Gary Pelletier, Attorney of Law with the firm Pelletier Clark & Caley of Newport, R.I., questioned the police's approach in its undercover investigation. "Generally, the police have to have a warrant to enter the home, and that right is protected by the Fourth Amendment," Pelletier said. "It's a question if the police can come in without a warrant and conduct a search, and my feeling on that is no."

Pelletier said that the fact that the door was open was not enough to imply to the officers that the students consented to

the police's entry. "If consent is not given, they cannot enter if the door is simply open," Pelletier said.

According to Lt. Brian Burke of the Bristol Police Dept., the officers who entered the apartment on March 22 heard loud music and voices upon arrival to the address, and they checked the identification of individuals who appeared to be underage; however, all parties were found to be over the age of 21.

The residents said one of the reasons the undercover officers checked the identifications of everyone present in the apartment was to check for underage drinking.

"We've never had any trouble with underage drinking, so I don't understand why they came," Cuomo said.

Underaged drinking is a relatively common occurrence for RWU students at both on and off campus parties. "If the door was open, and loud noises were coming from the house, [Bristol Police officers] probably weren't acting unreasonably if they thought or may have believed there was underage drinking going on," Engvall said.

"The Bristol Police Dept. takes underage drinking and other alcoholic offenses very seriously, and we use all measures possible to effectively investigate any cases," Burke said. "We don't have an arrest at the location, and we don't have any investigation at 12 Easterbrooks Avenue at the current time, so there is nothing we can comment on."

RWU has a "Good Neighbor Policy" which students are expected to live by at their off-campus homes. The policy is aimed at keeping peace between the non-student residents and the university students living off-campus.



BEN WHITMORE

The Easterbrooks Avenue residents, from back left: Rob Hand, Gary Stefanyk, Harry DiLeo, Anthony Cuomo, Dimitri Strakhov, CJ Younis, John Lyons, Dan Weidmann, and Joe Kane.

"As students, your academic and personal schedules often conflict with the more routine schedules of families. Students are expected to exercise good judgement and be sensitive to the needs of their neighbors," the policy states.

Scott Yonan, Assistant to Vice President of Student Affairs and the Director of Special Projects, explained the University created the policy not to regulate student life off-campus, but rather to increase commuter students' awareness of their neighbors' feelings.

"We do not want to regulate people's lives; the University does not have that intention at all. We just ask that people be respectful, and keep in mind that university students and typical Bristolians have completely different schedules," Yonan said.

The nine student residents of Easterbrooks Avenue say their

neighbors frequently complain about the apartment's noise level. Often, Bristol police respond to these calls.

"[The police] come all the time, and we think it's usually the same people who call the cops on us every time," said C.J. Younis, a senior and resident of the apartment building.

"There's someone on our road who calls weekly," said John Lyons, a senior and resident of the apartment building.

In the residential neighborhood, the nine student residents keep different hours than the majority of their neighbors.

"The problem is, with nine of them there, three in each unit, even if they don't have anyone over, just because of the nature of the lifestyle of a college student versus the a resident in the neighborhood, students keep different hours than a typical Bristolian," Yonan said.

According to Yonan, the students at the 12 Easterbrooks Avenue residence are making efforts to be cautious of disrupting their neighbors.

"I've spoken to the guys at that address; they're obviously good guys, and from my conversations with them and with police, it's obvious to me that these guys aren't blatantly trying to disrupt the neighborhood," Yonan said. "I know they are making efforts to be respectful, so that's all we can really ask ... these guys are all over 21, they're not doing anything illegal."

According to Cuomo, he and his roommates would have allowed uniformed police officers into their home had they requested to enter.

"We're the kind of house that, if they had knocked, we would have let them in," Cuomo said. "We have nothing to hide."

SPRING CONCERT UPDATE

Tickets to go on sale next week

We are pleased to announce that tickets for the Spring Concert on Thursday, April 26, 2012 at 7:30PM will go on sale next week - Tuesday, April 17th. This year's Spring Concert, hosted by the Campus Entertainment Network (CEN), will be Gym Class Heroes, The White Panda and a Special Guest Band.

EVENT: Gym Class Heroes, The White Panda and a Special Guest Band.

PRICE: \$15

DATE: Thursday, April 26, 2012

DOORS: 7:00pm SHOW: 7:30PM

Please read below for further ticketing information:

Tickets will be on sale starting Tuesday, April 17th beginning at 10 AM in the Recreation Center Box Office. Tickets will be on sale each day next week from 10AM-2PM and 4PM-7PM UNTIL they are SOLD OUT. Our capacity for this event is 1500.

Students **MUST HAVE** your **RWU Photo ID** to purchase your ticket as well as to gain admittance the night of the performance. **ID's will be REQUIRED - NO EXCEPTIONS.** You must be a full time enrolled student.

No Guest Tickets will be sold. **ALSO - we will not be able to allow students to host guests on campus on the day/evening of the concert - no guests allowed.**

You can only purchase 1 ticket with your student ID, you will not be able to purchase tickets for friends. If you are unable to come during the box office hours due to an academic commitment (class or student teaching) - please email Student Programs & Leadership by 9AM on Friday, April 13th at studentprograms@rwu.edu.

Please note: In order to take advantage of the designated sales times, you must be in the ticket line by **1:30PM** to purchase a ticket during the mid-day sales, and by **6:30PM** for the evening sales. We will be cutting off the line at these times and resuming sales at the next available time.

TICKET PRICING INFORMATION:

\$15.00 ADVANCE TICKETS - RWU Full-Time STUDENTS (Each RWU Undergraduate Student is eligible for one ticket @ \$15 until sold out) In the event tickets are still available, Tickets Night of Show will be \$20.00. ONLY 1500 Tickets Available

For any additional questions/concerns please contact the Office of Student Programs & Leadership (401-254-3088 orstudentprograms@rwu.edu).



SPONSORED CONTENT

Steak and Ale Night seeks to brew up a tradition

RONALD SCOFIELD | Herald Reporter

The first annual Steak and Ale Night will be held by the Inter-Class Council (ICC) Class of 2012 in the Roger Williams University Upper Commons Friday, April 13. The event will feature both, as the title suggests, a steak dinner and beer. Yes, alcohol will be served in the school cafeteria, provided by the Newport Storm Brewery.

Senior Class President Alex Palios confirmed this inaugural event is the first time alcohol will be served in the Upper Commons, though it will, of course, only be served to students 21 and over, as no one underage is allowed to attend. Although the beer is a drawing factor for this particular event, Palios said that this is "not an alcohol event." The Senior Class is looking for this event to have a "responsible atmosphere," as Palios suggests. In order to achieve said atmosphere, those who attend the Steak and Ale Night will be put on a two-drink limit to prevent students from getting unruly and intoxicated.

The purpose of the event is for students who attend to engage in adult interaction with administration members also in attendance. Senior Class Treasurer Kristina Woodmansee claims this aspect will make for an "intimate but, populated event." Another huge goal of the night for the ICC team was to "plan an on-campus tradition for seniors," Palios said, as most senior traditions have occurred off-campus. The inclusion of alcohol and a chance to interact in a casual manner with members of the administration hopes to be a huge draw, with

the option of continuing the event as an annual tradition being present if April 13 proves enjoyable and successful.

The process of setting up the first annual Steak and Ale Night was not an easy one, as Palios had to first clear with John King, Vice President of Student Affairs, that this was, once again, "not an alcohol event." Palios and Woodmansee, along with Vice President Kayla Morency and Secretary Oriana Villarreal then drafted a proposal, explaining their ideas and intents for the event. They then pitched the proposal to ICC's executive board, followed by their advisors and Student Programs & Leadership (SP&L), before making the final pitch to King. Woodmansee and Palios both confirmed that the term of negotiation in these presentations was the two-drink limit aspect for all attendees. In addition to the work put in by the class officers, Newport Storm Brewery has promised to match every one keg purchased for the Steak and Ale Night, meaning the Brewery grants the buyers a free keg for every one purchased.

The event seems to be gaining traction, with an "estimated 200-plus tickets already sold," according to Palios. ICC Advisor Sean Thompson also expressed excitement for the event. "The Class of 2012 is really about making traditions," Thompson said, for which he expresses "peace and love to the Senior Class." Woodmansee likens these types of events to "paving the way for future classes," a fact to which Palios adds is part of "leaving a good impression."

DANCE: Over 500 attend popular show

Continued from page A1

"All the rehearsals are dependent on the students in the piece to take time out of their schedule to meet and rehearse it."

less experienced who have only taken a few dance classes, it's a place for them."

Though the large club, comprised of both men and women, has three administrative co-advisors, the rehearsals, show-planning, and — most importantly, the choreography — is student run. With the exception of one number, which was choreographed by a guest New York City-based step crew, all the dances featured in this year's show were student-choreographed.

"All the rehearsals are dependent on the students in the piece to take time out of their schedule to meet and rehearse it," Crupi said. "It's very heavily reliant on students and being dedicated to it."

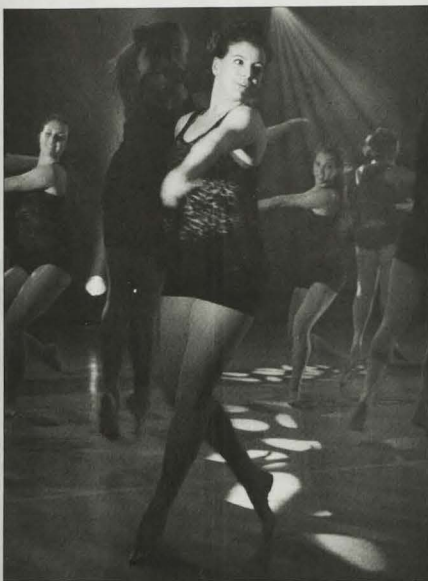
And for seniors like Dance Club President Liz Ritchie, it has been the continued dedication over the past four years that has made her final Dance Club performance so special.

"It's been so emotional because all these girls who are graduating, we've been friends for the four years, and I've probably met my best friends, and we as officers are so close," Ritchie said.

In May, 25 seniors from Dance Club will be graduating — a sixth of the club's total population. Three of these seniors are club officers.

In the days of final preparation leading up to the show, Ritchie said that for her and her fellow seniors, the reality of their impending graduation set in.

"It's been an emotional week. But we're excited. It's been one of our best years," Ritchie said.



PHOTOS MARK FUSCO AND BEN WHITMORE

Top: Dancers perform to hip-hop song during a group number. Bottom: "Tango," a French-inspired number, showcased student choreographer Cassie Phillips' skills in an ensemble dance.

SCHEDULES: Athletes argue inflexible practice schedules make registration unfair

Continued from page A1

that was not approved of by professors, she said. "You get in bad graces with your teachers, and it just falls out from there," Tetreault said.

In order to remove this sort of situation, certain coaches have gotten involved. According to Tetreault, her coach was the one who told them all to sign the petition. She described the problem as being faced by mainly freshmen and sophomores, who do not get the opportunity to sign up for classes as early as the upperclassmen.

not something they're doing to benefit the greater community."

Kuhn explained how sports are something for the athlete to "stay in shape and do what they love to do," but mentioned how they are student athletes, with emphasis on the student part. Athletes do their sport because they enjoy it, but it is not required by the school.

Yet there are still some students who do not participate in sports that still believe student athletes deserve priority registration. Freshman Bradley

"Being a student athlete is a choice."

It's not a job; it's not something they're doing to benefit the greater community."

However, non-athletes make up the majority of the school's population, and many of them disagree entirely with the idea. "Because sports are not an academic thing, they shouldn't be brought into that arena," Bourdon said. She went on to explain how many students also take a lot of time out of their day with other extracurricular activities that are not sports.

Junior Sarah Kuhn, another student in opposition to student athletes receiving priority registration, explained how there are people in student organizations that have just as many scheduling conflicts. "They don't get preferential treatment," she said. "[Athletics] are a choice. It's not a job; it's

Kefalis explained how the large amount of time spent at practice combined with the early practice times can create difficulty for students planning out their schedule.

"Athletes might have practice at around two in the afternoon, which means they have to fit all their classes in before that time," Kefalis said. His argument described how a typical athlete's practices occur during most class times, so they deserve to fit their five classes in the times they need before others fill it up, he said.

"If they put in four hours a day, that's four hours less time that they have to do all their work," Kefalis said.

TIE: Voting software glitch said not to have affected correct vote tally

Continued from page A1

So I think it was in the best interest to do a re-election, and that it is really the only way you could go about it," Rivera said.

During the original two-day election period, which took place April 4 and 5, juniors voting online through MyRWU may have been able to cast their vote multiple times due to a glitch in the voting software, according to Adrianne Mukiria, Assistant Director of Student Programs & Leadership, and the administrative supervisor of all student body elections.

Yet, SP&L administrators were able to catch the error, and use the software to eliminate students' second votes using the student ID numbers and timestamps of the duplicate votes, Mukiria said.

"We ... get the tally for the first vote, not the secondary vote, so only one vote was counted by those who participated," Mukiria said.

And ensuring the accuracy of this election's results is important.

"This election is [to] nominate and select your class officers. They are your voice when it comes to the experience you'll have at Roger Williams University, class-specific," said Sean Thompson, Assistant Director of Student Programs & Leadership, and ICC's advisor. "So it is very important to elect a senior class president, especially with the amount of programming that they do their senior year."

The Class of 2013's presidential election was an unusual one, even before the tied result. One candidate, Adam Sample, served as the Class of 2013's president until this spring semester, when he was forced to step down while he studied abroad. The opposing candidate, Kate Lauer, won the special election to become vice president during

this spring semester in Sample's absence.

"Kate, as well as Adam, is a great student leader. Their dedication to Roger Williams University and providing a really good experience for everybody knows no bounds," Thompson said.

On the upcoming voting day for the tie-breaking election, juniors will be able to cast their votes via MyRWU between the hours of 8 a.m. and 7 p.m. However, this time around, juniors who have enough credits that the Registrar technically considers them "seniors," will be able to fill out paper ballots in SP&L's office in the Campus Recreation Center.

Normally, juniors with "senior" amounts of credits are not allowed to vote online in junior class elections. However, due to the tight election the first time around, the SP&L elections committee decided this was a special circumstance, Mukiria said.

"We feel that this is something that would rarely happen, and we're able to be flexible with this," Mukiria said. "We would definitely like the junior class to be able to have a true representation of the members of their class, be able to vote, and let their voice be heard."

The SP&L elections committee has also allowed the two candidates to resubmit their official platforms and to re-campaign.

"We know that not everybody voted, which is unfortunate, but that needs to be said too that if you want your voice to be heard, you need to vote," Thompson said. "I think this goes to show you that every vote counts, so please make your voice heard. I know that that's very corny, but it's true. If it's down to a tied vote, that's saying a lot."



The

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FEATURED EVENT:

Legal Education Program



Tuesday, April 17th
6:00 pm

Mary Tefft White Center

What is the Legal Education Program?

The Legal Education Program helps college undergrads understand relevant topics. Current Law students discuss various topics including: Study Abroad Issues, Intellectual Property/Internet, Landlord Tenant Issues, and an Inside Look at Law School.

Join us on April 17th at 6:00 pm and gain insight on these topics!



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LOCAL NEWS

Lawmaker reacts to DUI incident involving fellow senators

*Sen. David Bates said
recent DUI incident with
Senators Ruggerio and
Ciccone 'embarassing'*

BRISTOL PHOENIX | Contributed Article

Senator David Bates said that if he was Frank Ciccone he would not seek re-election this fall.

The local legislator — Sen. Bates represents constituents in Barrington and Bristol — said he found the recent drunk driving incident in Barrington involving Senators Dominick Ruggerio and Frank Ciccone embarrassing and questioned whether Sen. Ciccone should run for again for office.

"It's up to the people in his district if they want to re-elect him," Sen. Bates said. "I probably would not run again."

Early Wednesday morning, March 28, a Barrington police officer stopped a car driven by Sen. Ruggerio after he was alerted to an erratic motorist on Route 114. While the officer conducted a field sobriety test on Sen. Ruggerio, Sen. Ciccone appeared at the scene and began speaking to another officer who was there.

Sen. Ciccone reportedly tried to intervene in the situation, first telling the officers that they needed to call Barrington Police Chief John LaCross and then attempting to dial a top official with the Rhode Island State

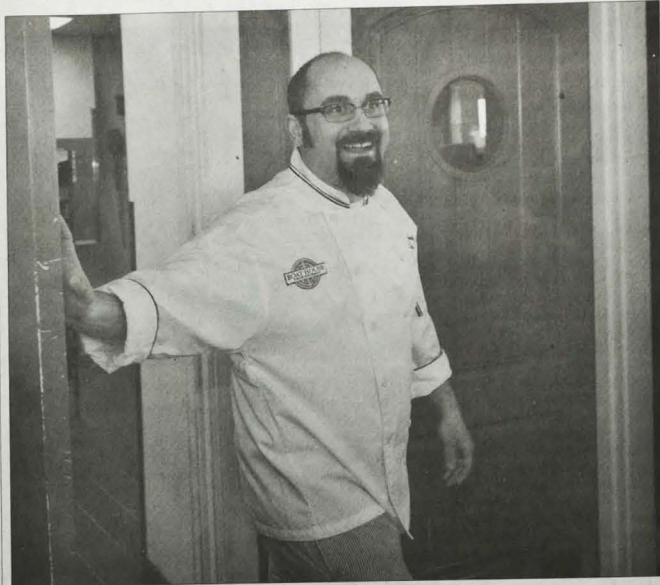
Police. Sen. Ciccone allegedly told one of the officers "You think you got pension problems now, wait 'til this (expletive deleted) is all done. This guy voted against you the last time, it ain't gonna get any better now."

Sen. Ruggerio was charged with driving under the influence of drugs or alcohol and refusing to take a breathalyzer test. On April 3 he pleaded no contest to the refusal charge at the Rhode Island Traffic Tribunal and was sentenced to complete 10 hours of community service, pay \$935 in fines, attend an alcohol education program and will have his driver's license suspended for six months. As part of the agreement, local police dropped the DUI charge.

Sen. Ciccone has faced no legal charge for his role in the incident, but has been criticized by some media outlets. Sen. Bates said he was disappointed with his fellow legislators.

"I'm disappointed that someone would act that way," he said. "I think he's taken some responsibility for his actions."

"There are a lot of hard-working people up there (in the Rhode Island General Assembly) and this doesn't do them any good."



Boat House Executive Chef Jonathan Cambra.

Boat House's Cambra named 'Signature Chef'

*Will be chef among chefs at
March of Dimes September gala*

BRISTOL PHOENIX | Contributed Article

A delegation from March of Dimes stopped by Tiverton's Boat House restaurant last Thursday with word that Executive Chef Jonathan Cambra, of Bristol, has been chosen this year's Signature Chef.

As such he will preside over the Sept. 20 March of Dimes Signature Chefs Auction. The event, "a dream evening for 'foodies,'" will take place at Belle Mer in Newport. There some of the region's leading chefs will prepare their signature dishes to raise funds for Rhode Island's tiniest citizens: its babies.

"I'm honored," said Chef Cambra. "As a father, I can empathize with parents who are grappling with any kind of health challenge facing their children. I'm happy to do anything I can to help families who are struggling with the

health of their young babies."

"Jon is a remarkably gifted and resourceful culinary professional," said Casey Riley, chief operating officer at the Newport Harbor Corporation, which owns and operates Newport Restaurant Group, Castle Hill Inn and the Newport Yachting Center. "Just as important, he is a wonderful work partner and — at home — a devoted husband and father. I am privileged to have him as a friend and colleague."

Prior to joining the Boat House last August, Chef Cambra spent five years as executive chef at sister property Castle Hill Inn where he built a reputation for his work with sustainable agriculture, locally-purchased ingredients, and organic first menus.

A Bristol native, he trained at the New England Culinary Institute in Vermont, and has long been a fan of perusing local

farms and docks for just-picked, just-caught flavors. While at Castle Hill, Chef Cambra was twice invited to cook at the prestigious James Beard House in New York.

"We at March of Dimes salute all our fabulous chefs who give so freely of their time and talents to support our lifesaving mission," said Betsy Akin, state director of March of Dimes. "In Chef Cambra ... (the committee) has selected not only an accomplished chef but also someone who has been a tireless supporter of our work."

In addition to the "Signature Chef" samplings, highlights of the evening will include a tribute to Chef Cambra, and the participation of celebrity auctioneer and entertainer Sir Jeremy Bill of Edinburgh, Scotland, who will auction prize packages.

Arts district bill passes senate finance

BRISTOL PHOENIX | Contributed Article

It was recently reported that the "Arts district bill" for Bristol submitted by Senator Christopher Ottiano was passed by the Senate Finance Committee on Thursday, March 29. This means that

Sen. Ottiano could present the bill for a floor vote in the Senate. It was also reported that Sen. Ottiano was planning to contact Rep. Ray Gallison to check the status of legislation in the House for the arts district.

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NEWSPAPERS

HAVE YOU SIGNED UP?

Check your tone: The sound of conviction

MARK FUSCO | Photo Editor

Three years ago, I lost a sense. All of my life I have been a listener, taking to head and heart the words, actions, and occurrences that transpired in the world around me. This should not imply a sense of detachment nor seem antisocial; conversely, I've just always believed that in order to understand the world, you have to take it in first. Then, one August afternoon, it all seemed to change.

"It looks like you're losing your hearing," the technician at Hearing, Balance, and Speech in Branford, Conn., said as she re-entered the room.

Sitting in a cheaply upholstered office chair outside the soundproof testing booth, her sentence appeared to glance off me like a stone hitting a large, hollow, metal object. In perhaps the biggest stroke of irony, the only word that could pass my lips was a confused

"what?" accompanied by the wide-eyed stare of a chipmunk looking up at the underside of a Ford SUV tire before its world went silent, too.

According to their website, the National Institute on Deafness and Other Communication Disorders (NIDCD) estimates that, "approximately 4,000 new cases of sudden deafness occur each year in the United States."

Reasons for such a sudden loss can range from genetics to automobile accidents to something as simple as too many concerts. The NIDCD reports that about 15 percent of Americans between the ages of 20 and 69 have high frequency hearing loss as a result of exposure to loud sounds or noise, both at work or during leisure activities. The point is, I'm not alone. However, despite my sudden handicap, I kept listening.

In fact, since the microphones made of skin and bone on the sides of my dome have been

turned down, picking up less sound has blessed me with

When you don't speak with the conviction meant to hold up and support your wall of words, they will simply fall flat and be lost in the noise.

hearing less noise. Not the noise of a world at play, but the noise of human tone.

Since the scare of being told I would no longer be able to absorb and hear the world around me, I have begun to

value the sound waves that tickle our skin on a higher level.

The most important lesson my hearing has taught me is that your tone often says much more about what you're saying than what you're actually saying.

There is a safety net that exists under the carpet in classrooms and conversations that allows us to avoid being seen as something we all dread — wrong. That safety net exists within our tonality: not the type that denotes that you are mad or sad, but the tone that denotes your conviction.

From time to time, we adopt an interrogative tone that infects our would-be declarative sentences, as if placing a question mark at the end of a thought or opinion will save you from any blame or criticism that could be reorted at you. Though this may be true, merely because it allows you to back off of the opinion you just voiced, it has also robbed you of any power behind it. The

declaration could be something profound, and yet, when you don't speak with the conviction meant to hold up and support your wall of words, they will simply fall flat and be lost in the noise.

My point is not that my hearing is a lame duck; in fact, thanks to modern technology, I can hear things you wouldn't believe. Rather, I have heard people trip, stumble, and mumble as they search for the right words to thread together, and because the sentence is followed by a period instead of a question mark, those words are taken to heart. We may not always be able to speak as concisely as we wish to, but it does not matter as much if your comma is in the right place as long as your heart is. And the way you put a heart in your words, thoughts, and opinions is by using a period.

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The weekly student-run newspaper of Roger Williams University.

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RWU Photo Club's weekly photo contest



Each week, the RWU Photo Club assigns a topic to photograph, collects student submissions, then votes on the best one. The winner gets printed in THE HAWKS' HERALD!

Last week's assignment was a body part. The winning photograph was taken by Piper Gianforte.

Send submissions to
photoclub@g.rwu.edu.

Come join Photo Club!
Meetings held: Tuesdays at 9 p.m. in
GHH-G05

THE HAWKS' HERALD

The student newspaper of Roger Williams University

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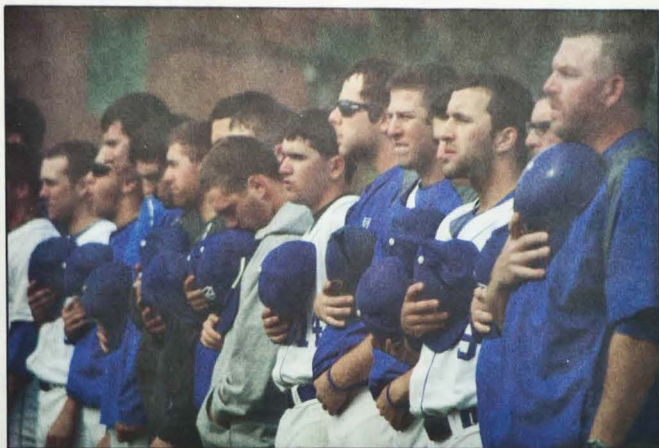
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JOSH WEINREB

Josh Orosz was sent to the hospital after suffering an accidental head injury.

Scary moment suspends game

NICK SCHWALBERT | Herald Reporter

The Roger Williams University Baseball game that was scheduled for Tuesday, April 10 has been suspended indefinitely due to a freak accident involving RHP Josh Orosz in the dugout. A rescheduled date for the game has not yet been announced.

It was another promising game for the Hawks as they took on Becker College at home. Hawks' pitcher Tyler Pogmore got his team off to a terrific start, with two strike outs and a fly out to right field to end the inning quickly. As for the offense, they were just as in sync. Second at bat, outfielder Mike Pascarella belted a beauty to deep right field, sending it over the fence and out of the park. Later in the inning, with a man on third, catcher Chris Travers knocked a single to drive in an RBI, putting the Hawks up 2-0 in just the first inning.

The second inning would play out bit more subtly, with a quick 1, 2, 3 inning for Becker up at bat. Pogmore would pick up a K in the inning. Recently, the Hawks' defense has been outstanding, letting up very few runs per game. The same can be

said about their batting, as well. However, it wasn't very evident with the Hawks' second at bat. The Hawks also had a quick inning, with Chris Comeau racking up the only hit of the inning. Mike Thomas popping out to first, Trevor Larson striking out, and Derek Jerome popping out to short. No runs were scored in the inning, but the Hawks still clasped to the 2-0 lead.

At the top of the third inning, tragedy struck. Orosz suddenly plummeted to ground, and appeared to be convulsing violently. Players and fans were howling for the trainers and coaches as they ran out on the field to tend to the player. Someone in a Hawks-type uniform acted swiftly, along with the coach, to tend to Orosz, preventing further injuries. According to Hawks' infielder Matt Swensen, Orosz was chewing on sunflower seeds when he was accidentally struck in the face with the bat from one of his teammate's practice swings. The blow to the head caused Orosz to convulse and swallow his seeds; however, trainers and coaches were there in a heartbeat to prevent any

further damage to the player's health. The two teams put aside their competition, and gathered together in what appeared to be a prayer for Orosz. Paramedics arrived shortly after the fact to take Orosz off to the hospital, where he was then treated.

According to Swensen, Orosz was rushed off to a nearby hospital in Providence, where he was evaluated, and put on morphine for the pain. He was diagnosed with a concussion and a tear in his cheek that was caused from the sunflower seeds that he was chewing on. The minor tear in his face was stitched up, and doctors monitored his concussion symptoms. The good news is that Orosz was sitting upright and engaging in conversation with his teammates. "He was fine when we went and saw him. He was sitting upright, talking to us," Swensen said. Orosz's trip to the hospital only lasted about two hours once the doctors had cleared him; Orosz went home to Fairfield, Conn., that night. Despite the game's being postponed, the most important news of all was that Orosz was alright, and no permanent damage was done.

Equestrian hitting all the right jumps

JOLYN WIGGIN | Herald Reporter

On Saturday, April 7, two members of the Roger Williams University Equestrian team, Chelsea Francis and Lindsey Burns, competed in a competition called Zones at Mount Holyoke College in South Hadley, Mass. The Regional winners advance to Zones, and then the winners of Zones move on to compete in Nationals. Francis came in seventh and will not advance to Nationals, but Burns came in third and will advance. Burns will go to Nationals in Raleigh, NC on May 2.

"It was a long day at the Mount Holyoke equestrian facilities, but the competition was tough. It was a good example of the competition that I'll face in North Carolina for nationals," Burns said.

Collegiate riding is different than horse competition seen on television. The rider's abilities range from walk-trot, novice, and intermediate to open riders in either flat or jumping. Equestrian competitions usually begin in the morning because they can last all day, depending upon how many riders are competing.

There are 30 members of the RWU equestrian team and 14 of them made it to Regionals.

However, only two, Burns and Francis, advanced to Zones. After Zones, there is Nationals, where Burns will represent RWU. In the overall season, RWU came in third among the nine competing schools. For the final competition of the regular season, RWU brought home a win; University of Rhode Island ranked behind them, and Brown University and Becker College tied for third.

"This season, we were really consistent with our placing, and it was great to finish our season with a win," said Alexandra Pastor, co-captain of the equestrian team. "It was the first time we came in first in about 10 years."

The equestrian team practices at Glen Farms in Portsmouth, R.I. The team is led by Coach Ted Torrey and assisted by Michelle Greim. The athletes compete in "flats," an event in

which a judge evaluates a rider based on style and posture; and "over fences," in which the judge evaluates a rider based on the jumps and rider's posture.

"Everybody really likes the coaches because they give us confidence and do not make us nervous," Burns said.

At the Region 1 Championships in Gales Ferry, Conn., Francis won her division at Intermediate Flat with RWU team members Jacqui Allred, Maddie Stein, and Alexandra Pastor placing third, sixth, and seventh, respectively. RWU's Lenny Carlucci finished fourth at Walk-Trot, and Erin DeMarco came in fifth at Novice Flat. Burns placed third and fifth in Open Flat and Open Fences, respectively. At Regionals, Burns received a ribbon and trophy for being the rider with the highest points in the region. Being the region's high-point rider gives the rider an automatic advance to Nationals to compete in the Caccione Cup.

At Regionals, RWU brought home the third place ribbon for their 2012 team standing. One of the most difficult tasks that division-three college riders have to deal with is getting into a ring with an unfamiliar



SHELBY DUMOND
RWU rider Chelsea Francis

horse. College rules state that riders cannot bring their own horses, but must instead pick a horse from a hat minutes before they get in the ring. Prior to college and after college, riders compete with their own horses.

"It was really great seeing so many of us [RWU riders] advancing to Regionals," Francis said. "I hope next year, we can see more people going to zones."

During the season, the equestrian team had one practice a week, but they also went to Glen Farms on their own time. Some of their practices consisted of stilt work to strengthen their legs. Torrey is always at the barn so that the riders can get coaching throughout the day.

"Next year, our goal is to win first in everything. We can do it because we have such strong, dedicated riders," Pastor said.

Lax splits double-header vs WNE

GEORDY BOVEROUX | Section Manager

In a heated Commonwealth Coast Conference rivalry, both the Roger Williams University Men's and Women's Lacrosse teams hosted Western New England University (WNE) on Wednesday, April 11, with the women taking home a 14-7 victory, and the men falling in a closely contested 6-5 loss.

The women started the day game, and from the start, it was back and forth for both squads. Western New England opened up the scoring just about four minutes into the game to put the Golden Bears up 1-0. To retaliate, freshman Mackenzie Logan took the ball after the faceoff to the Hawks, and passed it to freshman Devin Machette, who tied it up only 23 seconds later.

This continued until the score was knotted up at 3-3. Then senior Danica Delia tallied her second goal of the day, out of her four, to give the Hawks their first lead with 1:01 left in the first half. Shortly after, Machette passed to sophomore Jessica Searl on the crease, who turned around the put the ball in the net, giving the Hawks a two goal lead with 19.3 seconds left that they would take into the half. After that, RWU opened the game up and eventually won 14-7 behind Delia's four goal, three-assist performance to give themselves a much-needed win, as they now sit at 5-9 overall, and 3-2 in the conference.

"I think we worked really well together," Delia said. "I think our transition was really good, we worked really well together, and we were kind of patient on attack, which really helped us out, because we tend to just rush it and throw the ball away, so I think we did a good job showing poise on attack today."

An hour later, the men's team



BRENDAN MADDOCK

Women's lacrosse won 14-7 over WNE on Wednesday afternoon.

hosted WNE under the lights, but were unable to achieve the same results. The Golden Bears once again tallied the first goal in transition five minutes into the first quarter, but only a minute later, the Hawks retaliated as sophomore John Nessa went left, then quickly spun right and ripped a shot into the net to tie it at 1-1. The game went back and forth, much like the women's contest, but this time WNE led at the half, 6-4.

When the second half opened, the game completely changed, as there was no scoring in the third quarter.

"We just tried to stay a little tighter," said head coach Marty Kelly. "We tried to identify what they were doing offensively. I just think that our guys did a

great job of recognizing it on their own."

Unfortunately, the Hawks struggled to capitalize on offensive opportunities. "They're such an athletic defense that I wanted us to kind of do a better job of making one move and going hard and if we didn't have it, moving the ball," Kelly said.

The Hawks were able to score one more goal with 5:33 left in the game, as sophomore Todd Carson scored from the crease, assisted by senior captain Adam Vorwald. That last goal wouldn't be enough, though, as the Hawks couldn't get that last pesky goal in the final five minutes, giving them their first conference loss on the season and fell to 6-5.

Crew team looks to expand

TOM JACKSON | Herald Reporter

The Roger Williams University Crew team has lost a number of rowers due to scheduling conflicts and study abroad; however, they don't let that take away from their performance. Although not varsity, RWU Crew continued its success last weekend with a young group, placing second in the Women's Varsity race. The Women's Varsity "A" group consisted of junior Anna Bersin, sophomore Alyssa Allen, and freshmen Andi Wright and Casey Hudson.

"This year has been a great building year," said Women's Varsity Rowing, Sarah Kuhn, a junior. "We are working off of a great fall semester that ended us with a Men's League title and second place in the Women's League." Currently, the women's team is in second place in their league, consisting of schools such as Brandeis University, Endicott College, and Assumption College.

According to junior Melissa Amon, the team is keeping the future in their sights. "We're already looking at recruiting for next year," Amon said. "It's never too early to start talking to the incoming freshmen."

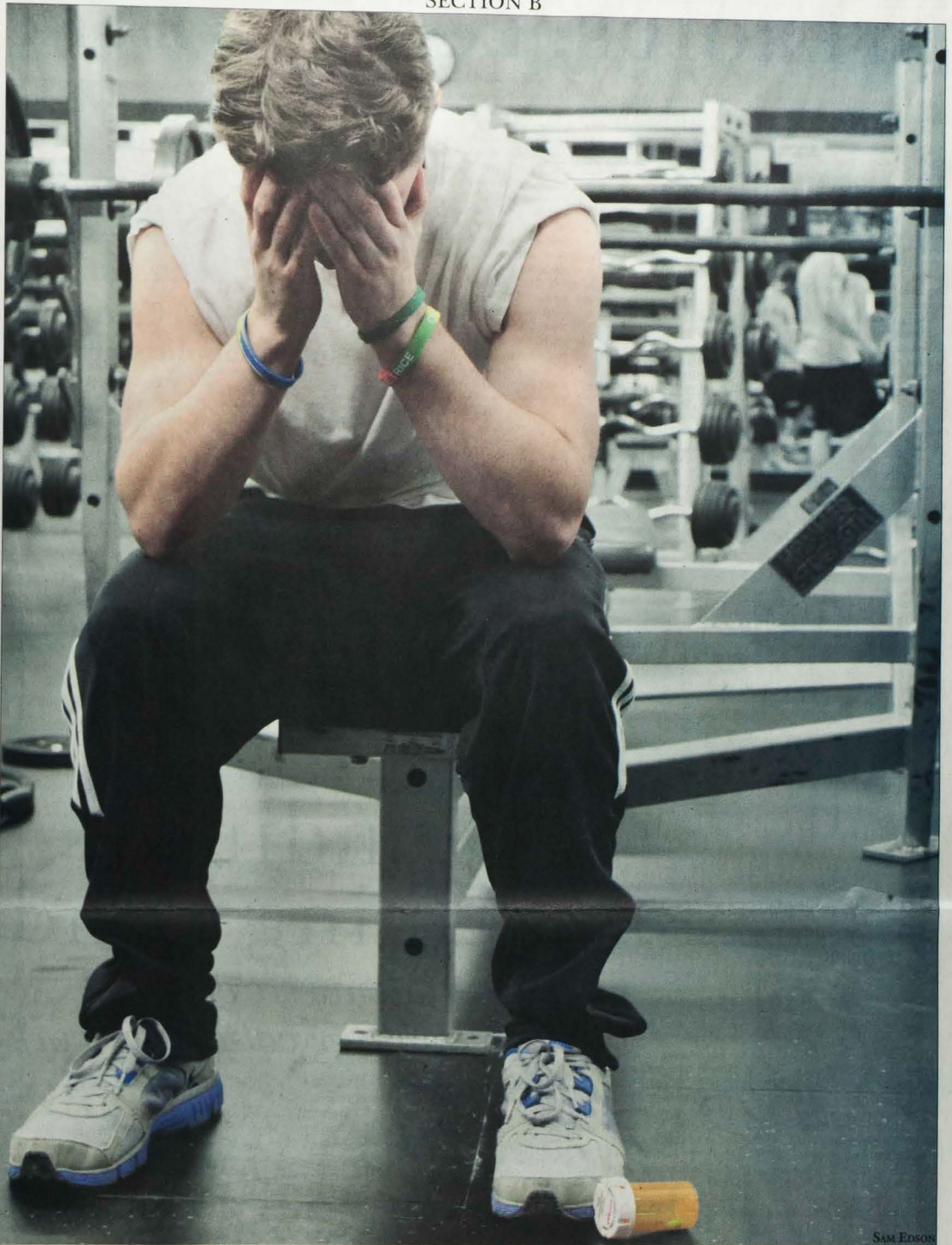
Continued growth is also a goal for the crew team. "We are building so that next year, our varsity boats will be stronger than ever before in Roger Williams rowing history," Amon said.

Like any team, the crew

veterans have been taking the reins, helping motivate underclassmen and leading by example; however, there are a surprising amount of freshmen. In fact, approximately 90 percent of the team consists of first year students, according to Kuhn. "As a freshman on the team, I knew coming to Roger Williams that the program was a club and not a varsity sport," said freshman coxswain Joe Tashjian. "I am very pleased to see that this doesn't stand in the way when it comes to race day. We all treat this sport very seriously, and plan to bring this team as far as we can, from early morning rows in Fall River, [Mass.], to gym days and training our bodies to endure the pain."

Often, the team is faced with little time to get on-water practices before a regatta, which certainly gives the advantage to the competition, who have been on the water now for a few weeks. "Because of the timing of the regatta, we only had a few days to practice out on the water before race day," Tashjian said. "Even though they had this advantage over us, we were not willing to give up without a fight. The ladies connected, proving themselves to be a threat to our competition."

The Hawks have their league championship regatta on May 5, and they hope to maintain their prior success from last season.



SAM EDSON

Double injection

The differing sides of the steroid debate: User tells all

PART ONE OF A TWO-PART SERIES

KINSEY JANKE | Herald Reporter

When the word "steroids" makes its way into conversations, one thing usually comes to the forefront of everyone's minds: Major League Baseball (MLB).

Players like Barry Bonds, Mark McGwire, Alex Rodriguez, Jose Canseco, Jason Giambi, Rafael Palmeiro, and Sammy Sosa have all been linked to performance-enhancing drugs (PEDs), and all have broken not only records, but also the hearts of fans everywhere. Bonds in particular broke the home run record, hitting 73 balls out of the park, during the San Francisco Giants' 2001 season. But he did this while taking illegal substances that helped his game.

Jose Canseco was a highly decorated outfielder that played

for the Oakland Athletics, Texas Rangers, Boston Red Sox, Toronto Blue Jays, Tampa Bay Rays, New York Yankees, and Chicago White Sox during his 16-year MLB career. He was a six-time All-Star, four-time Silver Slugger Award winner, and was also voted the American League's Rookie of the Year and Most Valuable Player during his career. Canseco published a book entitled Juiced: Wild Times, Rampant 'Roids, Smash Hits & How Baseball Got Big in 2005, in which he wrote that 80 percent of all MLB players used steroids, and then attributed steroid use for all the success he'd seen in his career. He even credited himself with the introduction of anabolic steroids to the professional baseball culture.

More than any other

professional sport today, baseball has taken the weight of anabolic steroids and thrown it upon its shoulders. But while most of the news on needles is focused on professional athletes, Olympic contestants, and professional bodybuilders, steroid use isn't exclusive to those in the limelight. Colleges and universities all across the country have gyms that are filled with students who engage in illegal steroid use. It's just that no one knows.

"I decided to take [steroids] because I'm used to doing physical things where I can achieve a sense of accomplishment," said a former Roger Williams University student. "[With] lifting as my new hobby, steroids made lifting seem more rewarding because of the fast gains and

because how it made me look and feel."

The aforementioned student, whose name will remain anonymous, is currently injecting 1 ml of testosterone enanthate and 1 ml of trenbolone into his body once every three days. The trenbolone takes roughly three days to enter his system, but will last for 24 days. The testosterone takes the same amount of time to enter the bloodstream, but lasts for only 18 days.

"Because injections take so long to enter the system, but last for so long when you keep injecting, multiple injections I take will be running in my system at once," he said. "Because I inject testosterone every three days, I will typically have six injections working in my system at once."

Because of this stagger, he usually doesn't start seeing results from the injections until after the first month, when his body is already running on the testosterone that has been put in it. Towards the end of his cycle, he will start taking an oral pill called Winstrol Stanozolol, or Winny, which is meant to "cut him up." The Winny has a half life of eight hours, so he will typically take it an hour before he works out so that he can feel its effects during his workout and still have it fresh in his body while its undergoing its post-workout recovery process, and help with building back the muscle.

Before the testosterone and trenbolone, he used a steroid

See STEROIDS, page B2



That awkward
moment when...

Reliance on technology hinders development of
social interaction skills

PAGE B5

INDEX

Student trip to El Salvador.....B2	Hunger Games Fandom.....B4
Commencement Ball Invite.....B2	Friends Dating Friends.....B4
Hazing.....B3	Puzzles.....B6

STEROIDS: Leaving a mark

Continued from B1

called Dianabol (D-bol), which came in a powder form. He would mix the powder with high-octane alcohols that would break it down and absorb it quickly. Thirty milligrams of the D-bol would be mixed with 30 ml of 160 proof vodka or 151 proof rum, then squirted in 1 mg amounts into his mouth each day. The D-bol also has a half-life of eight hours, and would be taken on the same schedule as the Winny. Within a week of first taking the D-bol, he had gained ten pounds.

"Honestly, being on steroids makes me feel no different than when I'm off of them," he said. "Other than typically having more energy and getting larger adrenaline rushes, I've come to have a much shorter fuse when it comes to handling things that get on my nerves."

During his workouts, his muscles will harden in a different way, and are usually extremely tight afterwards, but because of how efficiently his body is working, the soreness and tightness go away much quicker than normal.

Cycles typically run for three months on and then three months off, giving the user's body time to recover and to reverse the major side effects that will start to develop. After his cycles end, he will mix substances Nolvadex and Clomid together to help reboot his natural functions and keep the long-term side effects from forming.

"Once the three month rest period is up, I'm good to go back on my cycle," he said.

"Recently, a new thing called HCG has come out, [and it] is famous for weight loss, but in the steroid world [it] has been used as a breakthrough for helping reboot the body's natural functions the way Nolvadex and Clomid do."

HCG, which stands for human chorionic gonadotropin, is a hormone produced during female pregnancy that helps the unborn child develop in the womb. In anabolic steroid cycles, it is used to maintain and restore testicular size as well as normal testosterone production. Most famously, former Red Sox left fielder Manny Ramirez tested positive for the drug in 2009, and was suspended from 50 games as a consequence. Medically, a synthetic form of HCG is prescribed to women with ovulation problems, young boys whose testicles haven't descended in a timely manner, and to men diagnosed with testicular cancer.

For the former student, it speeds up his recovery from his cycle and gets him ready to go within a month's time. The side effects that he has seen have included rapid muscle growth, increased body hair, and increased speed of hair growth, a deeper voice, higher levels of aggression and anger, increased blood pressure, acne, water retention, and testicular atrophy.

"The common joke with steroids is that it makes your penis smaller," he said. "Due to the overflow of testosterone in your system, your body shuts down its natural production of

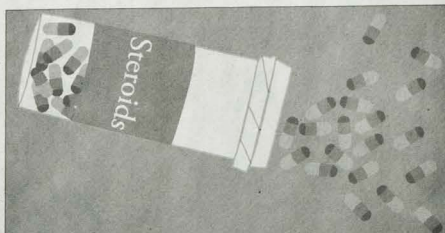
testosterone because it knows it has too much. This causes the testicles, not the penis, to get smaller. Ironically, because of the body's increased red blood cell count and larger muscle pump, it actually makes the penis bigger."

Though he has been on and off cycles for an extended amount of time, he does admit to wanting to eventually get off them for good.

"I don't know how long I'll be taking them for, but I'd like to stop around the time I'm in charge of the business I plan on having and when I'm going to be having a family," he said. "Other than that, I just hope I don't go bald and if I do, I hope they come out with a better technology than hair plugs by the time I do."

Many people believe that taking performance-enhancing drugs is unfair, and that it's cheating. This is especially prevalent in the world of professional sports, where those who inject immediately gain an edge over their competition. But for the former student, it's just a matter of rules.

"Steroids seem unnatural because it's outside help, but then what's taking protein and amino acids and Creatine?" he said. "It's taking an excess of an outside source to help your muscle growth, which is what steroids are. I think steroids are considered cheating because they're illegal. If they were legal, every athlete would be taking them because they know it's what they have to do in order to keep up with their opponent."



Possible side effects from using anabolic steroids:

In men:

- Reduce sperm count.
- Shrink the testicles.
- Cause you not to be able to father children.
- Enlarge the breasts.

In women:

- Increase body hair.
- Make skin rough.
- Decrease breast size.
- Enlarge the clitoris.
- Deepen the voice.

In both men and women:

- Bone growth to stop before it is complete in a teen. The teen may not reach his or her full adult height.

- A heart attack or stroke, even in a very young person.
- High blood pressure.
- Higher levels of bad cholesterol (LDL) and lower levels of good cholesterol (HDL).
- Liver disease and possibly liver cancer. The chance of these problems is higher when steroids are taken as a pill.
- Oily skin and acne.
- Male-pattern hair loss.
- Skin infections that can become severe if the drug is contaminated with bacteria.
- Irritability, rage, uncontrolled high energy (mania), or false beliefs (delusions).

INFORMATION COURTESY OF WEBMD.COM

Let the fun commence: Creative Commencement invites

SHANA SIMS | Herald Reporter

Commencement: the ceremony marking a major milestone for students at RWU. Marking the end of their college and entrance into "the real world," it's a chance for students to reflect and celebrate their college experiences. And what would the end of the year be without some celebration? That's why each year, tons of seniors attend the senior commencement ball. Limos to arrive in style, fancy dresses and suits, a nice sit-down dinner, and a guaranteed good night with your classmates are some of many reasons that seniors attend.

One student in particular, senior Polina Angelova, decided to make a statement by asking her boyfriend to the commencement ball.

Junior Casey Sefton, her boyfriend of almost a year and a half, unsuspectingly wandered into the Upper Commons to meet her for lunch, and was met with quite the surprise.

He noticed a PowerPoint slideshow, the first slide reading, "Do you know Casey Sefton?" appear behind him on the Commons projection screen. The PowerPoint

proceeded with embarrassing pictures of Casey from when he was young, ending with a picture of Angelova's hand reading "Commencement?" This was how Sefton had asked Angelova to the Junior Semi-Formal, with a text of a picture of his hand reading "Semi?"

"Then I looked over at Polina," Sefton said. "And she was standing there with two tickets in her hands." Sefton had no idea she was going to do something like that, but it was actually something Angelova had been planning for awhile.

Angelova wanted to do something funny to ask him. "I wasn't trying to be cute at all," Angelova said. She had a few other ideas, but figured the Commons was the easiest way to ask him while being totally embarrassing.

This presentation is surely hard to top, but it may give future seniors a few ideas. Commencement Ball gives seniors a chance to celebrate their entire college experience in style, with their entire class. And thanks to this creative presentation, you can see Sefton and Angelova there together this year.

And I, Polina Angelova want to take him to Commencement Ball!

Yes! You, Casey Sefton!



COURTESY POLINA ANGELOVA

A slide from Polina Angelova's PowerPoint that she projected in the Upper Commons to ask boyfriend Casey Sefton to Commencement Ball.

Lending a helping hand Students travel to El Salvador for volunteer work

NICHOLLE BUCKLEY | Herald Reporter

Your idea of the perfect spring break is probably an all-expenses paid trip to a tropical Caribbean island, right? For a select few Roger Williams University students, however, they had a life-changing spring break doing something completely different.

Eleven members of the Foundation for International Medical Relief for Children (FIMRC) club on campus and two faculty members took a trip to El Salvador to help out at a clinic and promote health care education.

"We brought 15 suitcases of medical supplies. They were all non-prescription items like Tylenol, ibuprofen, toothpaste, and toothbrushes," said Autumn Quezada-Grant, Assistant Professor of History, who went on the trip.

FIMRC was started in 2008 by a medical student during his residency. There are six FIMRC clinics in the world: India, Tanzania, Nicaragua, El Salvador, and two in Peru. El Salvador is the only location with its own medical clinic. The others utilize private clinics. Different universities all over the United States have FIMRC clubs.

"What's unique about the clinic in El Salvador is that they're the only one in the world pioneering a micro-health insurance program. FIMRC comes in and asks community members to attend classes in exchange for the health care they will get. This is about really trying to impact change," said Quezada-Grant.

This past spring break, the group from RWU stayed in San Salvador in a FIMRC house for volunteers. Early in the morning, they would take a crowded van to Las Delicias, a small, poor village of about

3,000 people, where the clinic is located.

"The FIMRC club has been fundraising for the whole year in order to offset the cost for the members to go. In addition to fundraising to take all 11 members and two faculty members, they also fundraised for donations of medical supplies," Quezada-Grant said.

Students did a number of things while in El Salvador, but mostly rotated through a routine of three tracks. Some students stayed in the clinic and assisted in legal ways, while others would follow nurses on house visits to check on children.

The goal is to change the way people think about health. It is very impactful on the lives of children.

"If they're adhering to the things they learn in the class, they get the supplies. They get more on a regular basis than the people who just walk into the clinic," Quezada-Grant said.

Besides working in homes and the clinic, the group trekked two-and-a-half hours up a mountain to a school to run public health campaigns. Speaking in Spanish, they campaigned for the importance of teeth-brushing.

Quezada-Grant hopes this could become a credit-bearing course. In addition to the volunteering, the students learn about El Salvadoran history and culture. The course would discuss the intersection of public health and cultural history.

The students went without earning any credits at all, and that was not easy. They were living in close quarters in very poor, hot environments. There was no place for negative or judgmental attitudes on the trip.

"The trip alone was life-altering for these kids. It wasn't a traditional spring break or study abroad. This was very hands-on and eye-opening. They went to a very poor place that has been heavily impacted by violence and poverty," Quezada-Grant said.

Also, students were unable to bring a large amount of personal items. They collectively decided to bring less of their own belongings so they could bring down more supplies. Some supplies had to be left behind, but are being stored for next year.

"In addition to the hard work, once we were done at three o'clock, we went and did some fun things. We climbed a volcano into the crater. We swam in a volcanic lake," Quezada-Grant said. "El Salvador is an extremely beautiful country. It's a country rich in history, but deeply conflicted politically."



SUBMITTED PHOTO

A student tends to a young child in El Salvador.

Hazed and confused

Initiation rites come to light

GRIFFIN LABBANCA | Herald Reporter

Team bonding, traditions, initiations or team encouragement are all terms that are seemingly harmless, but many of these actions are being classified under a term that is getting more and more attention.

"It doesn't matter how I define hazing," said David Kemmy, Athletic Director of Roger Williams University. "Hazing is something that is defined by law in some states, and in others defined by the specific institution." According to the Oxford English dictionary, hazing is defined as forcing one to do strenuous, humiliating or dangerous tasks, and none of which are actions that are tolerated here at RWU. Over the past few years, the discussion of hazing prevention and how to create a safer and more welcoming experience for both student athletes and the general student body has increased. With RWU's athletic department becoming more and more well-known within the region for its exceptional athletes, hazing is a discussion that is also being brought into the spotlight in an effort to stop it before it starts. "We lay out our hazing policies and what students will be held accountable for in our athlete code of conduct book, something that all athletes have access to," Kemmy said. RWU is located in a state that does not have laws pertaining to hazing, whereas states such as Massachusetts have state laws, which outline hazing [situations] where students and community members could face criminal charges if caught.

Outlined in the Student Athlete Handbook, hazing is broken into three categories: subtle hazing, commonly seen through name-calling, social isolating, and deprivation of privileges. There is also harassment hazing, which is commonly exemplified through verbal abuse, sleep deprivation or being expected to harass others. The last category, violent hazing, is the most publicized form of hazing. Violent hazing is portrayed in ways including, but not limited to, forced alcohol consumption, expectations of illegal activity, or forced ingestion of vile substances. All students are held accountable for violations in all three categories. The RWU men's lacrosse coach and Intramurals Coordinator, Marty Kelly, expressed similar feelings as Kemmy. "I'm not sure that the university can do anything more to prevent hazing amongst our teams. I do feel the university and athletic department have been very proactive in regards to this topic," Kelly said. Speakers are brought in to talk to the teams about hazing. Along with guest speakers each year, the Athletic Compliance Coordinator, Kelly Thompson, has a talk with each team. In this discussion, hazing is brought up. With new initiatives being created campus-wide, the athletic department is looking into new ways of addressing this topic. "We just instituted a new form that each athlete will fill out saying that they know what hazing is and what can be defined as hazing," Kemmy said. The university used to have this type of form, but in recent years, hasn't used it for the athletes. With prevention methods increasing campus-wide, it was decided to bring back the form for varsity student athletes.

Not only are guest speakers and professionals helping to educate the student body on hazing, students are taking action, as well. RWU is host to a committee called the Student Athlete Advisory Committee (SAAC). Senior Committee President Jeremy Siegel says that every NCAA-affiliated

school has a committee such as this one. "We help make sure the athletes are being treated properly, and we discuss different initiatives involving student athletes across the country," Siegel said. He added that SAAC is a good resource for students to have their voice heard. "We try and help voice the student athletes' concerns and issues on the campus-wide and national level," Siegel said.

Actions of hazing or anything leading up to the act of hazing is strictly not tolerated at RWU. Kemmy explains that he feels RWU athletes don't intentionally haze their teammates, but more take part in what they think are team rituals or traditions. What the university is currently working on is ensuring students understand what actually can be classified as hazing. "I think that it is a lot of students not understanding the definition of hazing. That's where our job comes in," Kemmy said. "Our job is to educate the students on what it is and what it isn't." He added that he speaks to all captains and teams before the start of their season, and reiterated that if athletes have any questions on this subject, they should ask either their coach or the athletic department. Kelly agrees, and adds that he works with his team to talk about the effects that acts of hazing can have on friends and families. "I asked [my team] how they would feel if their parents lost their jobs due to the whims of certain people who feel the need to be a part of hazing exercises," Kelly said.

According to the Office of Student Conduct and Community Standards, the University Disciplinary Committee (UDC), a committee that reviews judicial cases which could result in either the expulsion or suspension of a student, heard two separate cases related to hazing that involved two varsity athletic teams. "The students my office worked with in those cases were very cooperative, and very open to education about the subject," said Heidi Hartzell, Director of the Office of Student Conduct. Consequences on campus for hazing range from campus probation, fines, education, campus service, and removal from campus activities, or suspension/expulsion, depending on the nature and severity of the case. "The types of cases we typically see here are initiation-type events, held at off-campus houses, involving underage pressure drinking, activities that are intended to bond members," Hartzell said.

Hazing doesn't solely take place on the field or in the locker room; it can happen in clubs, organizations, and other student groups. "Right now, we are doing everything we can to work with our varsity student athletes, but we want to reach more of our campus population," Kemmy said. He said that the university hopes to work with club sports and also integrate intramurals into their audience over the next few years.

Hartzell said that students should know how their actions could affect the community and others. "Any type of initiation of membership introduction function with alcohol doesn't mix, and will lead to hazing charged through the RWU Code of Conduct," Hartzell said.

With help from the Athletic Department, SAAC, and all members of the RWU community, the hope is that hazing can be stopped through the education of the RWU student population, which is the exact direction that the university is moving in.

Count 'em in:

Here comes Treble

A new group makes notes on campus

THOMAS ASCIOLA | Herald Reporter

The Treble Makers, Roger Williams University's own jazz band, has slowly been bringing a dying genre back to the community. The band first formed last spring, making this their third semester playing together. Since then, they've increased in both size and skill. Currently, The Treble Makers are composed of nine active members, students, alumni and faculty. Impressively, the band is entirely student-run, led by founder Lauren Marchese, allowing the

members to learn management skills as well as giving them the freedom to play what they wish. Over the course of the band's existence, they have built up a mainly pop-oriented repertoire, with songs such as "Frosty the Snowman" and "Low Rider." In addition, the band plays the themes for "Cruella de Vil" and the popular show, "Family Guy."

So far, each member of the band has anywhere between nine and 15 years of music under their belts, and most are also members of ensemble bands on-campus. Still, the Treble

Makers are always looking for new members. While the band only meets for a couple of hours once a week, the band hopes to expand the practice hours as much as possible without interfering with members' classes and work.

The band has made several performances, such as the Stage Company's Variety Show, and is also playing on May 7 at 7:30 p.m., in the barn. The concert is free, and there will be refreshments, so all are welcome. They are always looking for more shows and opportunities, and are currently for hire.



JEFF LOS

Top: The Treble Makers practice one of their numbers.

Bottom left to right: Band members Lauren Marchese, Kevin Ghizzoni, Andrew Lombardi, Jeannie MacLaughlin, Trevor Bread, Celeste Bessey, Ben Whitmore, Charlie Hartman.

MSU Fashion Show

April 13, 2012

8 p.m.

Field House

Tickets \$3

Featuring:
K.I.T
&
Dance Club

3\$ Raffle Tickets, Win:

- 2 Commencement Tickets
- Red Parking Pass
- Fashion Pieces

MULTICULTURAL
STUDENT UNION

St. Jude Children's
Research Hospital

RACY STACY:

Two peas in a pod - That awkward moment when two friends in your group get together or split



RACY STACY | Herald Contributor

Once you've been hanging out with the same group of friends for a few years, couples naturally begin to form. Though different types of couples may emerge, there tends to be a set of stages that every type of couple goes through, each one involving what they think of each other and what you and the rest of your friend circle thinks of them. The recipe for what to do when you are one of the friends who is caught in between is trickier than cooking one of Emeril's entrees.

Stage 1: Preheat, aka "OMG! What did I just do?!"

Whether it starts as a hookup or a profession of feelings, both sides of the duo will immediately go to their best friend in the group and begin mumbling confessions of the previous night accompanied by pacing, eccentric hand gestures, and the phrases, "I don't even know" and "I can't" jammed between every sentence.

If you are the best friend in this situation, then it is very important for you not to interject your opinion into the discussion. Instead of telling your BFF to go for it or label it as a mistake, ask her questions to help her determine how she feels. If she gets too wishy-washy, be a little more pushy. Remember, you are one of the people in her life who knows her best, so if you see her struggling, make eye contact, remind her that you won't tell anyone, and ask her, "What do you really want?" After she confides in you, keep it to yourself, and don't go running to the other side and playing matchmaker. This will only stick you farther in the middle if things end up turning sour.

Stage 2: Boiling, aka the Sink or Swim

After your friend gets over the initial shock of the encounter, she should walk away from her conversation with you with an idea about what she wants from the other person and a precise plan of action. That plan could be to never speak of it again and pretend like it

Be kind with their feelings and let them both know that you care about them, but you don't want to be the ball in their ping-pong match.

didn't happen, or to act on her feelings and start a relationship with your other friend in the group.

If this happens, your group of friends could rejoice with relief now that the sexual tension isn't clogging up the air, or they could reject it as plaguing your previously platonic group with spices of exclusion or awkwardness. It is easy to get sucked into

trash-talking, but do your best to stay out of it, and remain positive. If you happen to be the type of person who all of your friends go to as their personal therapist and venting companion, then do what you are good at, and just listen while staying as neutral as possible.

Stage 3: BAM! aka Between a Rock and a Hard Place

Now if the happy couple decides that they are going to stay together, things will go one of two ways. They will either end up together forever, or break up. If they decide that they are meant to be, then your biggest problem will be finding strippers for the bachelorette party and writing a touching wedding speech. However, if things don't work out, the situation will get really awkward, and has the potential ruin your friendships with some of the people you're closest to.

Breakups are the trickiest part of friends dating, especially when you are close to both parties involved. On one hand, you want to stay close to your best friend, but on the other hand, you don't want to lose other friends that mean a lot to you. It also depends on the

people. Some guys will stop being your friend because they know you are best friends with someone who they have now labeled as an ex-girlfriend, while others will text you and try to get you to tell them all the secrets of the other side. It is not your job to be the double agent in the scenario. Be kind with both people's feelings, and let them both know that you care about them, but you don't want to be the ball in their ping-pong match. You may need to step away for a few days and let them sort their feelings out on their own. You shouldn't feel like you are being forced to pick sides in a battle between friends that is not yours to fight.

To be honest, I don't think there is a stellar way to handle this one. Someone will always be hurt, and breakups do force people to take sides, which splits up the group. But just like a chef in the kitchen, once the peas are split, you are not the one responsible for putting them back into the pod. The couple getting over each other and the rest of your friends decoding their own feelings is something that they are just going to have to cook up for themselves.

Hungry for Hunger Games

MARY CONCANNON | Herald Reporter

It might be evident from my admitted opinions on TWILIGHT, but I tend to steer clear of book and movie fads that have the world in a frenzy. I hate when people go nuts for silly literature and less than thought-provoking cinematography. So naturally, when the hysteria surrounding Suzanne Collins' series, THE HUNGER GAMES, first commenced, I was not enthused.

In fact, it wasn't until I was asked to write a pitch on HUNGER GAMES-inspired hair trends on behalf of a client at my internship (if you haven't heard, the Katniss braid is very in) that I even picked up the books. And then it happened. I couldn't put them down. I couldn't think about anything else. I finished all three installments in a week, and then wanted more.

Usually I'm against any novel-turned-movie attempts, as well. I hate when book characters look different than you expect, or when a novel was amazing and its recreation on screen is not. But THE HUNGER GAMES is an exception. Plain and simple: it rocked.

Now that I've soaked in all that THE HUNGER GAMES saga has to offer at present, I'm seeking other forms of entertainment based on the book and film. And let me

tell you, there is plenty to be sought.

For starters, bloggers tend to share my full-on infatuation with the series, and turn out daily posts on HUNGER GAMES actors, story lines, factoids and spinoffs for fanatics like myself. Since I'm a major consumer of most girly blog content, my HUNGER GAMES fix is constantly fulfilled.

Who knew that THE HUNGER GAMES author Suzanne Collins also wrote Nickelodeon's "Clarissa Explains it All" with Melissa Joan Hart? Clearly this woman knows how to make teenage minds tick.

Equally fascinating is the fact that the movie version of District 12 is an actual abandoned mill town in North Carolina. Not only is the village open to sightseers, but it's also on sale, perfect for one lucky super-fan. Road trip, anyone?

My favorite blog, The Frisky, published clever pick-up lines inspired by the books. I've been waiting for the right moment to use, "Are you Katniss Everdeen? Cuz you got my District in an uprising," or "Are you a Gamemaker? Cuz I feel like you're in control of my fate," on my boyfriend. So far, no time seems appropriate...

Even kids' mega-store Toys "R" Us is buying into the hype. The children's toy chain is now selling HUNGER GAMES "Training Tees," so

kids can dress up in tribute gear to pretend to ... kill each other? Might not be the most wholesome message to send to a child, but if I had kids, they'd absolutely be rocking black and red tribute-in-training suits.

My current obsession has taken shape in the form of the "Train like a Tribute" workouts held at My Sports Club gyms, where participants take part in HUNGER GAMES-inspired cross-training. Appropriately-named exercises like "Katniss Kickbacks," "Sprint to the Cornucopia," and "Peeta Presses," along with techniques like archery and heavy-lifting, make up this ingenious full-body workout class.

Needless to say, I'm dying to partake in a class that might make me as quick, crafty and all-around badass as Katniss Everdeen. I've been scheming to get to a "Train like a Tribute" class since I heard of its existence. The closest class to Roger Williams University is held at Boston Sports Club's Davis Square location on Thursday mornings at 7 a.m. If I wasn't en-route to my internship at that time, I'd be there in a heartbeat.

Until Suzanne Collins comes out with a prequel to the series, or fast-forwards a few years to recreate the games with a younger generation (hint, hint, Suzanne), I guess I'll have to find another series to obsess over. And no, it still won't be



WILLIE BORKA

Students attended the discourse to discuss topics on hate crimes

Halting hate: discourse educates students

AMANDA PEIXOTO | Herald Reporter

Last Tuesday, April 3, I attended The Multicultural Student Union's Discourse on Diversity. It was a small seminar about hate crimes committed on campus, and hate as a whole. Those who attended this discussion were broken up into two groups, and discussed different issues about hate. In these groups, we discussed the recent hate crime committed on campus, and different attitudes shown regarding hate in general. The students and faculty that I met all had different stories to tell about their own experiences as well as their own observations.

At this seminar, I learned a few things that I hadn't really thought about before. The people that commit hate crimes or feel hatred towards those who are culturally diverse are just scared. They are frightened of those who are different from them, and they believe that hating others will protect them in some way. I suppose some people would have different attitudes depending on how they were raised or where they grew up. If one grows up in a culturally diverse environment, then they will have an easier time talking to people who are culturally diverse. I grew up in a town that was not very diverse, and I wish things had been different. I wanted to meet people who could open my eyes and show me there was more to life than being afraid.

Generally, I wanted to make friends. Since I began college, I am starting to meet people who are just that: people. I find it illogical to be afraid to approach someone you've never met before and talk to them. You'll never really know the

person unless you try.

Another idea that was discussed at this meeting was tolerance. Some people believe tolerance is looking the other way when someone is acting obnoxious or rude so as not to stir up trouble.

This idea, I now realize, is partially incorrect. If someone is saying or doing something that is wrong, one should say something. If a friend is being made uncomfortable, one should say something because it is the right thing to do.

Here's something I'm sure all of us know already: the world is not all it's cracked up to be. It is a very tough and scary place, and people will say and do things that make no sense whatsoever. People will believe they are superior, and will fight to keep that superiority in check, no matter how ignorant they may be. This is how the world will continue to be unless we can change ourselves as individuals for the better. I believe if we open our hearts, and truly want to learn from others, then the world will be a much better place. Trying to persuade someone to change their entire way of thinking is a challenge that will not happen overnight. It pains me to say that hate crimes like the one that happened in Willow Hall will not stop immediately, and I hate to think it will happen again.

However, I believe that education is the best solution to reduce the influence of those who hate.

There are many different races, ethnicities, genders, and cultures in the world, but when it all comes down to it, we are all people.



THE FRISKY

Political Head to Head: Is a college education worth the money?

Democrat:
Yes

CHRISTOPHER MUNSEY
Herald Contributor

Independent:
Yes...but

PATRICK CONNOLLY
Herald Contributor

Republican:
Yes...but

MATTHEW PAIGE
Herald Contributor

An education is the pathway to success. In a country like the United States, it is only natural for a child to aspire to go college. Why is it, then, that normal, everyday Americans have to choose between years of debt with a diploma, or no debt without one? What we know is that an education is almost a sure-fire way of moving up in the world. Every year, though, it becomes increasingly difficult for parents to send their children to college. What really makes this a sad situation is the partisanship that divides the issue. Over the last few months, we've seen Republican candidates like Rick Santorum and Mitt Romney downplay how important it is to educate ourselves. It baffles me that two highly educated men can stand in front of a reporter and essentially argue against something that they have done themselves. I don't believe that the government has a place to pay for all forms of education, but I do believe that we as a nation have the duty to be as informed as possible when making decisions in life. The government, though, does have a place to make college as affordable as possible. They can do this through many different programs, but what needs to be remembered is why they are doing it. An educated population fosters growth for a country. It is almost irresponsible for a nation to neglect this because it only works against their goals. It will be difficult to fix the problems of the American educational system, but the work is worth it. What we do today will have a great affect on where our country stands in the future, and we cannot let our generation hurt the next. There are many different issues that we should deal with, but figuring out how to send those who are willing to commit themselves to four years of schooling should either be at or near the top of the list. An educated and informed population can only benefit the United States. College is key to our success.

Like I have said in some of my past opinions, I do believe that a college education should be aspired for by every student in this country, but the reality of the matter is that college is freakin' expensive, as I'm sure most of you all know.

The only way college will be a realistic opportunity for everyone in this country is to figure out a way to lower the cost of admissions. Years ago, when our parents' generation went to college, there was such a thing as a college savings fund or trust. College was reasonably affordable. I'm starting to believe that the government shouldn't be responsible for student loans. I think the government should let the banks give out the loans and set low interest regulations on them. I feel the government is already taking on too much debt, and this college loan bubble might become a major problem.

With the upcoming election, there has been a lot of talk about college. President Obama believes that every kid should have the opportunity to go to college, and believes everyone should attend college. Rick Santorum didn't agree with the president's comments, and called him "a snob." Was this a snobbish comment? No; it was more of a naive and optimistic statement. Santorum said that remark in front of a Tea Party rally, and probably wanted to sound tough since the sweater vest wasn't really cutting it. Santorum and the rest of the right-winged conservative nut jobs believe that all universities are run by liberal-minded activists who push political agendas and produce members of the Democratic Party.

According to the U.N., the U.S. are ranked fourth in the world in the category of education, behind Norway, Australia and the Netherlands. Fourth isn't that bad, but we should be striving for number one. I firmly believe that this should start at the grammar-school level. Instead of teaching students how to regurgitate a textbook, teachers should be teaching kids how to question topics and think outside the box. And like I said before, the price of college education must also be lowered.

College: a once long-aspired feat accomplished by few is now the normal and expected thing to do following graduation from high school. On the surface, this seems great; a more educated population has always been the key to a successful nation. One problem comes when colleges see an increased number of graduates as the key to their success. Some countries have seen an exponential growth in college graduates. The problem is their degrees aren't worth the paper they're printed on because they have the same education as a U.S. high school student.

Another problem lies with what to do after. More bachelors degrees make some students feel the need to go further in their education to stand out, which is not necessarily a bad thing, as long as they are pursuing a strong degree choice. Students need to take into account how much they are paying for their degree, and what the potential rewards are. So if you are going to pay \$200,000 for a degree, and only make \$30,000 a year, you either need to be getting high intrinsic rewards, or some changes need to be made.

When choosing a major, the best way I was taught was to pick what I wanted to do following graduation, and major in something that would help me with that goal, not trying to solve the age-old question of, "What are you going to do with THAT degree?" If you don't do this, you might find yourself with no idea where to go after four years, no work experience, and in an unpaid position with no benefits at one of the Occupy movements. After all, don't you stand a better chance of affecting change with a credible organization rather than making a mess and living outside without technology?

So, in order to avoid being the bane of working people's existence and cluttering parks, college should be treated as a tool, and not an experience. Yes, you will be academically enriched. Yes, you will learn more about you, your interests, and maybe even a spouse. But the choices you make in terms of a major and your school should make sense for your future, in terms of both enrichment and money.

Not so linked in: technology disconnects us

Put down the phone and talk to people!

NICK GLAVIN | Herald Reporter

What do we do in awkward situations? We collapse into our own bubble and become glued to our smartphones. As connected as we may seem, I feel technology is taking away from our essential need for in-person human connection. It's astonishing how quiet the beginning of classes are, whereas when we were younger, we would need the teacher to tell us to quiet us down or stop us from throwing things. The more we dedicate time and let our lives be run by our phones, the less we allow ourselves to grow as human beings.

No matter where I look, students are attached to their technology. More often than not, I hear, "Why don't I have more 'likes' on this photo?" and "Why haven't they texted me back?" This is shaping us to become self-centered, impatient people. Let me be clear, I have social media accounts and know how easy it is to procrastinate on those sites. But it's also too easy to check up on what people are doing - people from the past and present. In an attempt to clear my head, I took an entire week off of Facebook, and it was such a liberating feeling.

With just a little bit of self-restraint, I stuck to focusing solely on my academics and face-to-face, interpersonal relationships. I didn't have to see what people were saying #YOLO about or

what others were posting while they themselves were procrastinating. Because, really, if "you only live once," then get off Facebook and appreciate the real world out there!

Also, the fact that younger kids are starting to have Facebook accounts is frightening. We've all been aware of the effects of

Facebook is not an accurate representation of real life. With a list of hundreds of 'friends,' maybe even thousands, how many of them are you actually friends with? We need to begin appreciating our real friendships to the greatest extent.

cyberbullying. We are not only shaping our society to become dependent on these tools to run our social life, but we are allowing youths to become empowered at an impressionable age with social media to see that bullying, conversations, and compliments, etc., are just as easily said while hiding behind a computer screen. Studies published by THE HUFFINGTON Post show that, although social

media promotes multitasking and sociable behaviors, it can also lead to more serious narcissistic characteristics, as well as depression and anxiety.

Being on a site such as Facebook all the time can lower one's morale and promote jealousy by seeing all the good times and exciting news peers post about. But we must remember that Facebook is not an accurate representation of real life. With a list of hundreds of 'friends,' maybe even thousands, how many of them are you actually friends with? We need to begin appreciating our real friendships to the greatest extent. Everybody tells us that these are the greatest years of our lives; there's no need to experience those behind a computer screen.

As bizarre as it may sound, we need to grab ahold of our lives and not let technology dictate our every action and reaction. Smartphones and the like are powerful tools. Never in human history have we had the world in the palms of our hands as we do now. But don't let that power get in the way of living life to your fullest extent.

I challenge you to make an internal commitment to limit how many times you check Facebook and Twitter whether it's during the course of a week, day, or even a class period.

There are better things in life that you're missing out on. Trust me, you'll "like" it better.

Fashion Column: Day to Night

KRISTIN DONO | Herald Reporter

It's finally time to put away your drab winter colors and take advantage of being able to break out all of your favorite colors and patterns.

With bright colors trending this season, there is no better way to blend all of your favorites than by finding them in a captivating pattern or floral print (floral is my personal choice for the season).

Floral prints are great because of how versatile the various prints are and how, with a quick fix, they can be worn during the day and night.

Wear your floral dress (like this pink, orange, white and purple one from Delia's) during the day by pairing it with an oversized scarf in a complimentary color and belt (which is also great for helping to define your waistline). Contrast with an oversized colored bag, like this white one from ALDO, and neutral colored strappy sandals, to help keep the look cute and casual for the daytime.

Since the weather is now staying nicer into the night, a floral print dress is perfect for going out. You can reuse this dress from Delia's and make it less dainty by adding sky-high wedges in a candy hue, like these coral ones from Saks Fifth Avenue, and a matching clutch, like this one from BCBG. Also, by adding bangles and fun earrings, you will be able to take a chance and give this floral dress a wilder vibe.

Making these minor changes can transform any subtle day outfit that's suitable for class into something that is fun and adventurous for a crazy night out.



CROSSWORD PUZZLE

ACROSS

- 1 "Lorna Doone" character
- 5 Sinbad's bird
- 8 Demolish: Brit.
- 12 Idea (Fr.)
- 13 Alas
- 14 Cheese
- 15 Leg ends
- 16 Burmese knife
- 17 Taro
- 18 Small S.A. rabbit
- 20 Pilgrim
- 22 Skin vesicle
- 23 Veneration
- 24 Beginning
- 28 Blaubok
- 32 Public vehicle
- 33 54 (Rom. numeral)
- 35 Israelite tribe
- 36 Ringed boa
- 39 Reading desk
- 42 Abdominal (abbr.)
- 44 Have (Scot.)
- 45 Female falcon

- 48 Butterfly
- 52 State (Fr.)
- 53 Television channel
- 55 Endearment
- 56 Mine (Fr. 2 words)
- 57 Rom. first day of the month
- 58 Per. poet
- 59 Maid
- 60 Compass direction
- 61 Foreign (pref.)

DOWN

- 1 Breach
- 2 Design
- 3 Profound
- 4 Hate
- 5 Fanatical
- 6 Wood sorrel
- 7 Rudderfish
- 8 Flat molding
- 9 "Cantique de Noel" composer
- 10 Kemo _____

ANSWER TO PREVIOUS PUZZLE

M	O	R	A		C	A	D	I		N	E	R
E	M	I	T		A	B	E	D		I	D	A
S	A	D	O		T	A	R	E		C	G	I
				M	E	G		M	A	R	T	E
T	H	E			N	E	A		L	E	I	
E	O	N			I	N	T	L		E	T	A
R	O	C			D	U	M	A	S		A	D
P	T	E	R		S	A	P	A		T	A	I
				L	E	S		N	P	G		E
C	R	A	V	A	T		S	A	G			
L	A	D			B	A	L	L		A	F	A
A	C	U			A	K	E	E		B	A	B
P	E	S			L	E	A	D		I	A	M

- 11 Turk. title
- 19 Jap. fish
- 21 Intimidate
- 24 Amazon tributary
- 25 Grab
- 26 Kwa language
- 27 "Abner"
- 29 "Fables in

- Slang" author
- 30 Rhine tributary
- 31 Television channel
- 34 Car
- 37 Insect
- 38 Presidential nickname
- 40 Helper
- 41 Caddy (2 words)
- 43 Male duck
- 45 Loyal
- 46 Hindu soul
- 47 Cella
- 49 Crippled
- 50 Dayak people
- 51 Aeronautical (abbr.)
- 54 Low (Fr.)

1	2	3	4		5	6	7		8	9	10	11
12					13				14			
15					16				17			
18				19			20	21				
			22				23					
24	25	26				27		28		29	30	31
32					33		34			35		
36			37	38		39		40	41			
			42		43		44					
45	46	47					48			49	50	51
52					53	54			55			
56					57				58			
59					60				61			

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A2

Sudoku

Fill in the grid so that every row, column and 3x3 box contains the numbers 1 through 9.

	5				9	1		6
			7	4				3
		3		6	1	4	8	7
	4	1	6					
6		9		7				
	3				5			
			8	9				
	7	6		1			5	

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